

Configuration Manual

MSc Research Project
Programme Name

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Project Submission Sheet
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Student Name:	Harshita Singh
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Configuration Manual

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1 Introduction

The aim of this paper is to provide a quick overview of the measures involved in the implementation of this project. The objective of the research was to assess the effectiveness of a mental disease classifier utilizing a data pre-processing technique with a function selection strategy and a new machine learning approach. The second goal was to compare the performance and assess the performance of the model with few other classifiers. In the remaining section of the manual are referred to the tools and strategies utilized to achieve the defined goals.

2 System Specifications

The system configuration which includes memory and operating system on which this research project has been carried out is mentioned below:

- Operating System: Windows 10 Home
- Installed Memory (RAM): 8.0 GB
- Hard Drive: 1024 GB HDD
- Processor: Intel® Core™ i5-1035G1 CPU @ 1.19GHz

3 Tools and Technologies

Python's programming language was utilized for this project, while Jupyter Notebook was employed as an integrated development environment (IDE). The visualization was done using python alone. The following are the specific versions of the relevant platform/language:

- Python 3.7.2
- Jupyter Notebook Server v. 6.0.2

Version	Operating System	Description	MD5 Sum	File Size	GPG
Gzipped source tarball	Source release		02a75015f7cd845e27b85192bb0ca4cb	22897802	SIG
XZ compressed source tarball	Source release		df6ec36011808205bada239c72f947cb	17042320	SIG
macOS 64-bit/32-bit installer	Mac OS X	for Mac OS X 10.6 and later	d8ff07973bc9c009de80c269fd7efcca	34405674	SIG
macOS 64-bit installer	Mac OS X	for OS X 10.9 and later	0fc95e9f6d6b4881f3b499da338a9a80	27766090	SIG
Windows help file	Windows		941b7d6279c0d4060a927a65dcab88c4	8092167	SIG
Windows x86-64 embeddable zip file	Windows	for AMD64/EM64T/x64	f81568590bef56e5997e63b434664d58	7025085	SIG
Windows x86-64 executable installer	Windows	for AMD64/EM64T/x64	ff258093f0b3953c886192dec9f52763	26140976	SIG
Windows x86-64 web-based installer	Windows	for AMD64/EM64T/x64	8de2335249d84fe1eeb61ec25858bd82	1362888	SIG
Windows x86 embeddable zip file	Windows		26881045297dc1883a1d61baffeecafo	6533256	SIG
Windows x86 executable installer	Windows		38156b62c0cbcb03bfddeb86e66c3a0f	25365744	SIG
Windows x86 web-based installer	Windows		1e6c628514b72e21008f8cd53f945f10	1324648	SIG

Figure 1: environment setup

4 Environment setup

Installation of the appropriate platform and languages is the first and most important step in the implementation of the project. The following URL has been used to download and install Python.

- On the following URL, Jupyter is installed by using the installation guide. We have to execute the command at CMD prompt to launch the Jupyter Notebook.

```

C:\> Command Prompt
Microsoft Windows [Version 10.0.19042.1110]
(c) Microsoft Corporation. All rights reserved.

C:\Users\Harshita>jupyter notebook

```

Figure 2: Command prompt

- After completing the project, the results of the different diagrams were displayed, comparisons and selection of features were also displayed in the python itself.

5 Data Collection

Data was obtained for this project via the common repository and public repository kaggle. The description of the data is as follows:

There are 25 columns in the datasets, with 24 columns boolean, with 1 column string. The attributes are:

- feeling nervous

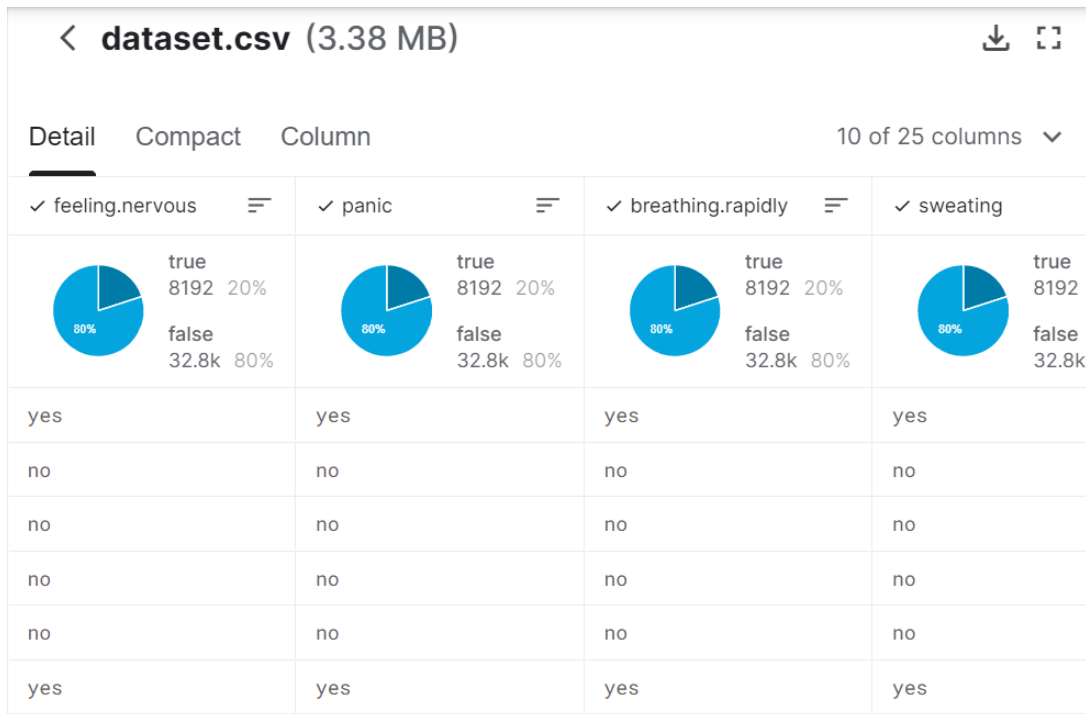


Figure 3: Dataset Description

- panic
- breathing rapidly
- sweating,
- trouble in concentration
- having trouble in sleeping
- having trouble with work
- hopelessness
- anger
- over react
- change in eating
- suicidal thought
- feeling tired
- close friend
- social media addiction
- weight gain

- material possessions
- introvert
- popping up stressful memory
- having nightmares
- avoids people or activities
- feeling negative
- trouble concentrating
- blaming yourself and
- Disorder.

These symptoms are attributes of the dataset based on the disorder of the types of mental illness.

6 Implementation:

The entire code is accessible on the following GitHub repository for this project. The many procedures involved in this project are explained step by step below.

6.1 Data Preparation and Storage

In data preparation has been done collecting the various symptoms and disorders of the person from different websites.

- File was in CSV format available openly in kaggle website which is a open source website.
- For the study mental disorder symptoms based on the type of mental illness are used for the analysis.
- Here we first set the seed for our code since it preserves the data samples and the findings.
- The data file was then saved to Github in CSV format, then imported to GitHub using the following code.

```
In [5]: import numpy as np # Linear algebra
import pandas as pd # data processing

import matplotlib.pyplot as plt
import seaborn as sns
```

The command is use to load the csv file by using the function read csv is shown in below image.

```
In [6]: data = pd.read_csv("archive/dataset.csv")
```

Out[2]:

	feeling.nervous	panic	breathing.rapidly	sweating	trouble.in.concentration	having.trouble.in.sleeping	having.trouble.with.work	hopel
0	yes	yes	yes	yes	yes	yes	no	no
1	no	no	no	no	no	no	no	yes
2	no	no	no	no	no	no	no	no
3	no	no	no	no	no	no	no	no
4	no	no	no	no	no	no	no	no

5 rows x 25 columns

< [Progress bar]

The below figure shows the format of data as data was in string format which was then converted on Boolean format.

The below image shows the shape of data as the data consist of 40960 columns and 25 rows with various symptoms in of mental disorder in it such as panic attacks, breathing trouble, sleeping disorder, stress etc.

```
In [8]: data.shape
```

```
Out[8]: (40960, 25)
```

```
In [9]: data.columns
```

```
Out[9]: Index(['feeling.nervous', 'panic', 'breathing.rapidly', 'sweating',  
'trouble.in.concentration', 'having.trouble.in.sleeping',  
'having.trouble.with.work', 'hopelessness', 'anger', 'over.react',  
'change.in.eating', 'suicidal.thought', 'feeling.tired', 'close.friend',  
'social.media.addiction', 'weight.gain', 'material.possessions',  
'introvert', 'popping.up.stressful.memory', 'having.nightmares',  
'avoids.people.or.activities', 'feeling.negative',  
'trouble.concentrating', 'blamming.yourself', 'Disorder'],  
dtype='object')
```

The below image shows the information of the dataset does not consists of any null values as the dataset was in clean.

The below image shows the information of the dataset does not consists of any null values as the dataset was in clean.It is vital to comprehend the data set before starting our pre-processing stage, so that we are aware of the subsequent actions for cleaning and pre-processing purposes.

The dataset is converted in boolean format as shown in below image which was in string format.

6.2 Exploratory Data Analysis

It is vital that we comprehend the information so that we know how to proceed as part of the cleaning and pre-processing before we begin with our pre-processing phase.

- As the dataset comprised of many variables, few of these variables could possibly be linked. This can lower the performance of the model and increase the time and resources for calculation. The multi-linearity test was thus carried out with the following code.

```
In [10]: data.info()
```

```
-----  
Data columns (total 25 columns):  
#   Column                                Non-Null Count  Dtype  
---  ---                                -  
0   feeling.nervous                        40960 non-null  object  
1   panic                                  40960 non-null  object  
2   breathing.rapidly                      40960 non-null  object  
3   sweating                                40960 non-null  object  
4   trouble.in.concentration                40960 non-null  object  
5   having.trouble.in.sleeping              40960 non-null  object  
6   having.trouble.with.work                40960 non-null  object  
7   hopelessness                            40960 non-null  object  
8   anger                                   40960 non-null  object  
9   over.react                              40960 non-null  object  
10  change.in.eating                        40960 non-null  object  
11  suicidal.thought                        40960 non-null  object  
12  feeling.tired                           40960 non-null  object  
13  close.friend                            40960 non-null  object  
14  social.media.addiction                  40960 non-null  object  
15  weight.gain                             40960 non-null  object  
16  material.possessions                    40960 non-null  object  
17  introvert                               40960 non-null  object  
18  popping.up.stressful.memory             40960 non-null  object  
19  having.nightmares                       40960 non-null  object  
20  avoids.people.or.activities              40960 non-null  object  
21  feeling.negative                        40960 non-null  object  
22  trouble.concentrating                   40960 non-null  object  
23  blaming.yourself                        40960 non-null  object  
24  Disorder                                40960 non-null  object  
dtypes: object(25)
```

In addition, the use of pandas profiling was examined in further depth by individual variables for missing values and skewness. The following is the code for this purpose

6.3 Data Cleaning

We must clean up our data and make changes so that the model can provide optimum performance before continue with the model development step. Variable data types were converted, duplicate rows removed, variables with high multicollinearities dropped, columns with a large number of missing values were removed or missed values imputed using mean in other columns, amongst other things. Different stages involved. In the following pictures, the code for each step is presented.

6.4 Feature Selection

We followed the usage of the selection approach Extra Tree Classifier to reduce characteristics. The packages needed to do this are shown below The following code is listed

7 Modelling

Following the installation of all of the models, their performance was assessed using various indicators. These measures were picked after doing a literature research and were visually contrasted using a bar graph. The code for which is given below-

The comparison of accuracy between different models is found out by below code

The below image shows the accuracy of the performance of the model of all the algorithms. The logistic Regression, Decision tree and XGBoost showed the similar accuracy and ffn and svm achieved the lowest.


```
In [14]: data.head()
Out[14]:
```

	feeling.nervous	panic	breathing.rapidly	sweating	trouble.in.concentration	having.trouble.in.sleeping	having.trouble.with.work	hopelessness	anger	over.rea
0	1	1	1	1	1	1	0	0	0	
1	0	0	0	0	0	0	1	1	1	
2	0	0	0	0	0	0	0	0	0	
3	0	0	0	0	0	0	0	0	0	
4	0	0	0	0	0	0	0	0	0	

5 rows × 25 columns

Exploratory Data Analysis

```
In [11]: data['Disorder'].value_counts()
Out[11]:
```

Normal	8192
Depression	8192
Anxiety	8192
Loneliness	8192
Stress	8192

Name: Disorder, dtype: int64

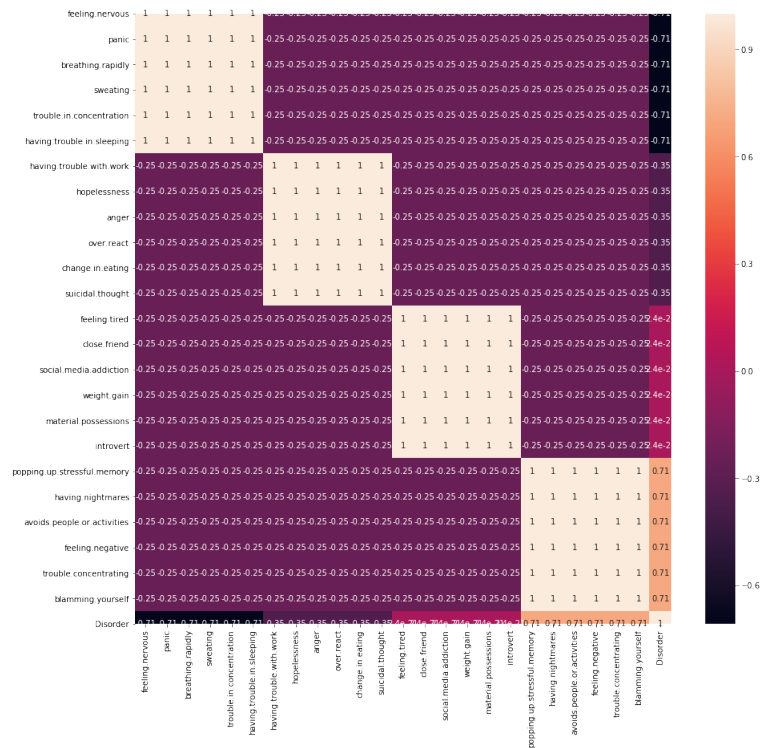
8 Conclusion

The whole implementation procedure of this project has been outlined in a succinct, thorough, and sequential way using the information presented in the preceding parts. The needed packages have also been indicated wherever they were used, and the whole code has been released on GitHub, the URL for which may be found in the Implementation section.

References

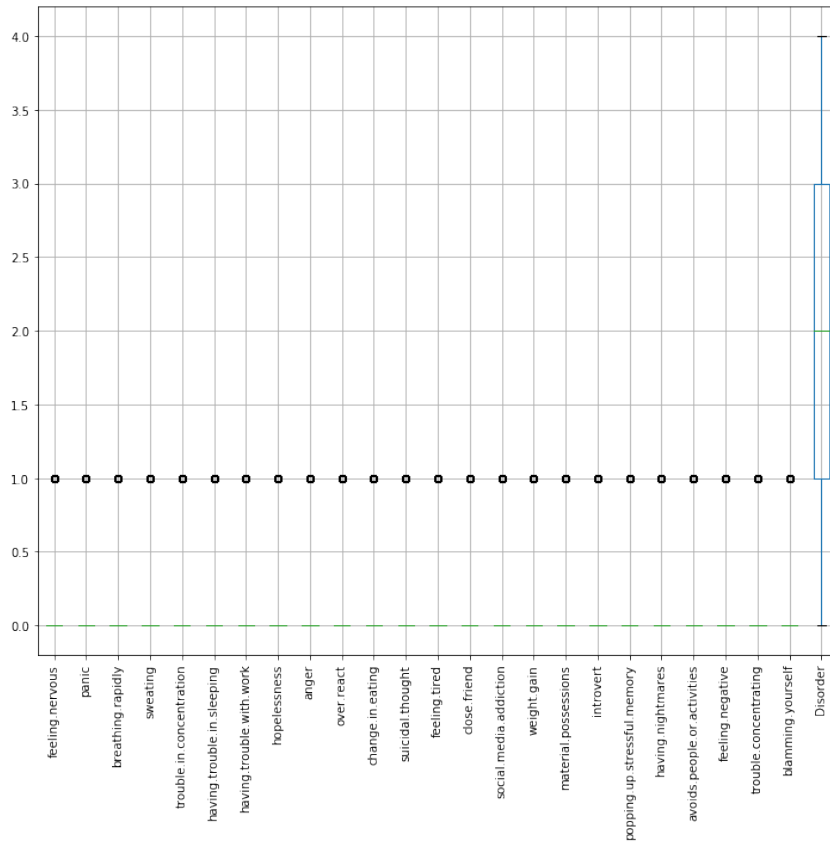
```
In [15]: plt.figure(figsize = (15,14))
sns.heatmap(data.corr(), annot = True)
```

```
Out[15]: <matplotlib.axes._subplots.AxesSubplot at 0x12993d4f0>
```



```
In [16]: data.boxplot(rot = 90, figsize = (12,10))
```

```
Out[16]: <matplotlib.axes._subplots.AxesSubplot at 0x12c617400>
```

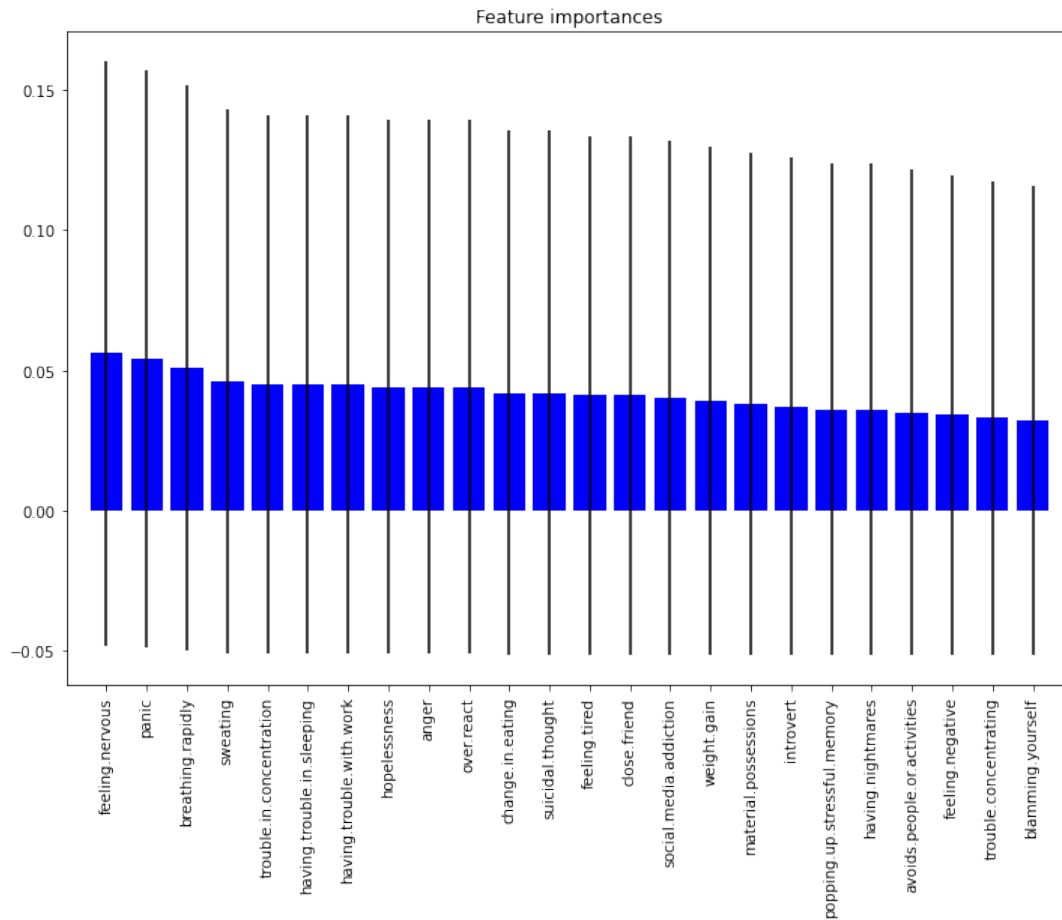


In [17]: data.describe()

```
Out[17]:
```

	feeling.nervous	panic	breathing.rapidly	sweating	trouble.in.concentration	having.trouble.in.sleeping	having.trouble.with.work	hopelessness
count	40960.000000	40960.000000	40960.000000	40960.000000	40960.000000	40960.000000	40960.000000	40960.000000
mean	0.200000	0.200000	0.200000	0.200000	0.200000	0.200000	0.200000	0.200000
std	0.400005	0.400005	0.400005	0.400005	0.400005	0.400005	0.400005	0.400005
min	0.000000	0.000000	0.000000	0.000000	0.000000	0.000000	0.000000	0.000000
25%	0.000000	0.000000	0.000000	0.000000	0.000000	0.000000	0.000000	0.000000
50%	0.000000	0.000000	0.000000	0.000000	0.000000	0.000000	0.000000	0.000000
75%	0.000000	0.000000	0.000000	0.000000	0.000000	0.000000	0.000000	0.000000
max	1.000000	1.000000	1.000000	1.000000	1.000000	1.000000	1.000000	1.000000

8 rows x 25 columns



```
In [18]: ##### Split Features and Target Variable #####
X = data.drop(columns='Disorder')
y = data['Disorder']
```

```
In [19]: ##### Splitting into Train -Test Data #####
from sklearn.model_selection import train_test_split

X_train, X_rem, y_train, y_rem = train_test_split(X,y, train_size=0.8, random_state =42)

# Now since we want the valid and test size to be equal (10% each of overall data).
# we have to define valid_size=0.5 (that is 50% of remaining data)

test_size = 0.5
X_valid, X_test, y_valid, y_test = train_test_split(X_rem,y_rem, test_size=0.5)

print(X_train.shape), print(y_train.shape)
print(X_valid.shape), print(y_valid.shape)

(32768, 24)
(32768,)
(4096, 24)
(4096,)
```

Decision Tree model

```
In [21]: from sklearn.tree import DecisionTreeClassifier
from sklearn.metrics import accuracy_score, f1_score, precision_score, recall_score, classification_report

clf = DecisionTreeClassifier(max_depth=3, min_samples_leaf = 35)
clf.fit(X_train,y_train)
```

```
Out[21]: DecisionTreeClassifier(max_depth=3, min_samples_leaf=35)
```

```
In [22]: y_pred = clf.predict(X_test)
```

```
In [23]: dc_accuracy = accuracy_score(y_pred, y_test)
dc_accuracy
```

```
Out[23]: 0.795166015625
```

```
In [24]: print(classification_report(y_test, y_pred))
```

accuracy			0.80	4096
macro avg	0.70	0.80	0.73	4096
weighted avg	0.69	0.80	0.73	4096

LogisticRegression Model

```
In [25]: from sklearn.linear_model import LogisticRegression

logreg = LogisticRegression(penalty='l2',C=0.0000001, solver = "liblinear", max_iter=200, multi_class='ovr', tol=0.002)
logreg.fit(X_train, y_train)

y_pred_class = logreg.predict(X_test)

lr_accuracy = accuracy_score(y_test,y_pred_class)
print("Training Accuracy: ",logreg.score(X_train,y_train))
print("Test Accuracy: ", lr_accuracy)

Training Accuracy: 0.799652099609375
Test Accuracy: 0.798828125
```

SVM Model

```
In [26]: from sklearn.svm import SVC
from sklearn.metrics import confusion_matrix
```

```
In [27]: svcclassifier = SVC(kernel = 'linear', C = 0.00002)

svc_model=svcclassifier.fit(X_train, y_train)
# predict the values
svc_pred = svcclassifier.predict(X_test)

svc_accuracy = accuracy_score(y_test,svc_pred)

print("Accuracy: ",svc_accuracy)

Accuracy: 0.593994140625
```

XGBoost

```
In [28]: from xgboost import XGBClassifier
```

```
In [29]: xgb_model = XGBClassifier(learning_rate= 1000, max_depth=3, min_child_weight=5,
n_estimators=5, n_jobs=-1, gamma=10)
xgb_model.fit(X_train, y_train)

/opt/anaconda3/lib/python3.8/site-packages/xgboost/sklearn.py:1146: UserWarning: The use of label encoder in XGBClassifier is deprecated and will be removed in a future release. To remove this warning, do the following: 1) Pass option use_label_encoder=False when constructing XGBClassifier object; and 2) Encode your labels (y) as integers starting with 0, i.e. 0, 1, 2, ..., [num_class - 1].
warnings.warn(Label_encoder_deprecation_msg, UserWarning)

[16:27:58] WARNING: /Users/travis/build/dmlc/xgboost/src/learner.cc:1095: Starting in XGBoost 1.3.0, the default evaluation metric used with the objective 'multi:softprob' was changed from 'merror' to 'mlogloss'. Explicitly set eval_metric if you'd like to restore the old behavior.
```

```
Out[29]: XGBClassifier(base_score=0.5, booster='gbtree', colsample_bylevel=1,
colsample_bynode=1, colsample_bytree=1, gamma=10, gpu_id=-1,
importance_type='gain', interaction_constraints='',
learning_rate=1000, max_delta_step=0, max_depth=3,
min_child_weight=5, missing=nan, monotone_constraints=(),
n_estimators=5, n_jobs=-1, num_parallel_tree=1,
objective='multi:softprob', random_state=0, reg_alpha=0,
reg_lambda=1, scale_pos_weight=None, subsample=1,
tree_method='exact', validate_parameters=1, verbosity=None)
```

```
In [30]: xgb_pred = xgb_model.predict(X_test)
```

```
In [31]: xgb_accuracy = accuracy_score(y_test, y_pred)
xgb_accuracy
```

```
Out[31]: 0.795166015625
```

FFNN (Feed Forward Neural Network)

```
In [32]: from tensorflow.keras import optimizers
        from tensorflow.keras.models import Sequential
        from tensorflow.keras.layers import Dense
```

```
In [33]: # create a sequential model
        model = Sequential()

        # add the hidden Layer
        model.add(Dense(input_dim=24,units=5, activation='tanh'))
        model.add(Dense(input_dim=12,units=5, activation='tanh'))

        # add the output Layer
        model.add(Dense(input_dim=4,units=1,activation='sigmoid'))

        # define our Loss function and optimizer
        model.compile(loss='binary_crossentropy',
                    # Adam is a kind of gradient descent
                    optimizer=optimizers.Adam(lr=0.01),
                    metrics=['accuracy'])

/opt/anaconda3/lib/python3.8/site-packages/tensorflow/python/keras/optimizer_v2/optimizer_v2.py:374: UserWarning: The `lr` argument is deprecated, use `learning_rate` instead.
  warnings.warn(
```

```
In [34]: history = model.fit(X_train, y_train, batch_size = 32, epochs = 50, validation_data = (X_valid, y_valid))
        history

Epoch 1/50
1024/1024 [=====] - 3s 2ms/step - loss: -39.2989 - accuracy: 0.3979 - val_loss: -76.2462 - val_accuracy: 0.4036
Epoch 2/50
1024/1024 [=====] - 1s 1ms/step - loss: -112.6837 - accuracy: 0.3992 - val_loss: -149.0477 - val_accuracy: 0.4036
Epoch 3/50
1024/1024 [=====] - 2s 2ms/step - loss: -185.4497 - accuracy: 0.3992 - val_loss: -221.7492 - val_accuracy: 0.4036
Epoch 4/50
1024/1024 [=====] - 2s 2ms/step - loss: -258.1535 - accuracy: 0.3992 - val_loss: -294.3581 - val_accuracy: 0.4036
Epoch 5/50
1024/1024 [=====] - 1s 1ms/step - loss: -330.7133 - accuracy: 0.3992 - val_loss: -366.8860 - val_accuracy: 0.4036
Epoch 6/50
1024/1024 [=====] - 1s 1ms/step - loss: -403.2484 - accuracy: 0.3992 - val_loss: -439.4170 - val_accuracy: 0.4036
Epoch 7/50
1024/1024 [=====] - 1s 1ms/step - loss: -475.9418 - accuracy: 0.3992 - val_loss: -512.1500 - val acc
```

```
In [35]: FFNN_train_accuracy = model.evaluate(X_train, y_train)[1]
        print("Training Accuracy = %s" % FFNN_train_accuracy)

1024/1024 [=====] - 1s 1ms/step - loss: -3634.8838 - accuracy: 0.3992
Training Accuracy = 0.399169921875
```

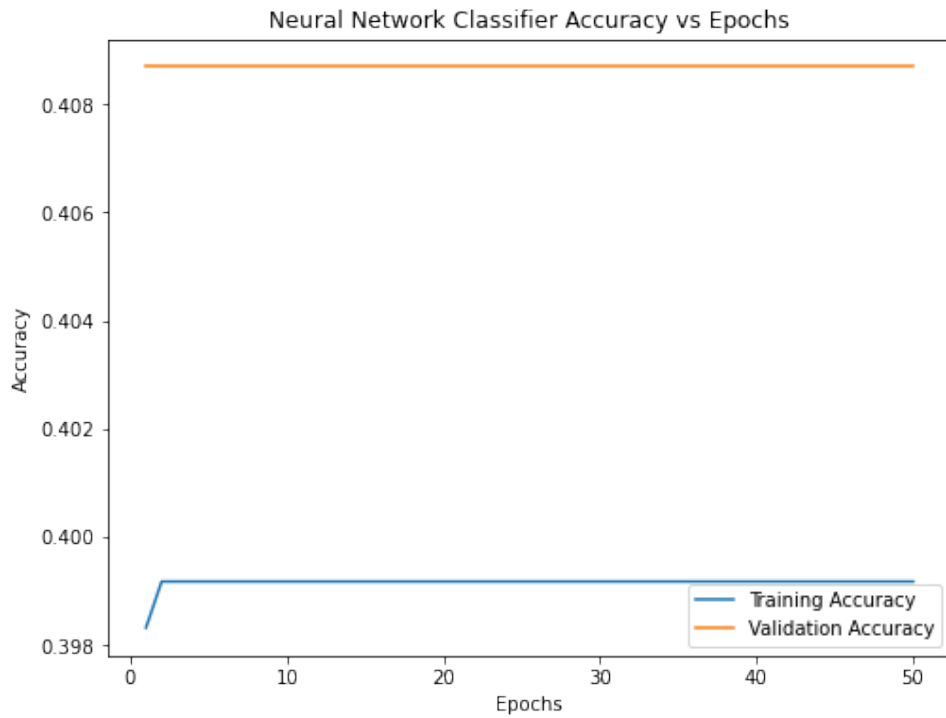
```
In [36]: FFNN_test_accuracy = model.evaluate(X_test, y_test)[1]
        print("Testing Accuracy = %s" % FFNN_test_accuracy)

128/128 [=====] - 0s 1ms/step - loss: -3660.8799 - accuracy: 0.4031
Testing Accuracy = 0.403076171875
```

Accuracy VS Epochs Plot

```
In [37]: epochs = range(1, 51)
        train_accuracy = history.history["accuracy"]
        val_accuracy = history.history["val_accuracy"]
```

```
In [38]: plt.figure(figsize = (8,6))
        plt.plot(epochs, train_accuracy, label="Training Accuracy")
        plt.plot(epochs, val_accuracy, label="Validation Accuracy")
        plt.title("Neural Network Classifier Accuracy vs Epochs")
        plt.xlabel("Epochs")
        plt.ylabel("Accuracy")
        plt.legend()
```



Comparison Between Accuracy Of Different Models

```
In [39]: accuracy = [lr_accuracy, dc_accuracy, svc_accuracy, xgb_accuracy, FFNN_test_accuracy]
```

```
In [40]: label = ["Logistic Regression", "Decision Tree", "SVM", "XGBoost", "FFNN"]
```

```
In [41]: plt.figure(figsize = (12,10))
plt.bar(label, accuracy)
plt.title("Performance Accuracy")
plt.xlabel("Models")
plt.ylabel("Accuracy")
```

```
Out[41]: Text(0, 0.5, 'Accuracy')
```

